

There isn't just one way to diagnose and treat pain and other conditions. At our clinic, we're using a blend of selective testing and treatment procedures from Chinese and Western medicine, such as acupuncture, herbal medicine, chiropractic, physical therapy, kinesiology, frequency therapy, homeopathy, enzyme therapy and nutrition. Depending on the cause of your complaint, you may receive one or more of these techniques.

Symptoms can be caused by many factors such as allergy, toxins, emotional trauma, infections, injuries, deficiency and malabsorption of nutrients. The more clinical experience and medical knowledge the doctor has, the more understanding he/she has of where to look for the source of your symptoms.

The doctor will set up a treatment plan based on the findings and your objective and subjective symptoms. In order to relieve your pain and other symptoms, the doctor needs to find out what has initiated your pain and symptoms and what is blocking the energy flow. The more chronic the pain and complaint are, the more complicated it will be to treat. Very often the symptoms are just a layer hiding another layer, and hiding the real cause. Like an onion, the layers must be peeled off layer by layer before we can see the central part.

The primary cause of your complaint will be the target for our treatment, but if your energy level is not ready to accept that treatment, we need to start with promoting your body function and immune system. For instance, if you have a malabsorption of protein, this will affect your muscles and ligament impairment. Therefore, before treating your muscles we would need to strengthen your digestion and absorption to achieve a lasting effect of our treatment. Sometimes we have to focus our healing therapy on "today's complaint", instead of trying to treat too many different symptoms at the same time.

After the medical history and physical exam, the doctor will hold your hand and ask you to keep your thumb and little finger as tight together as possible. This is a unique approach at our clinic, called *the "O" Ring-test*. Without talking directly to you, the doctor will use this test to communicate directly with your body to find out the source of your condition and what he/she should treat this visit. When the doctor is focusing his mental energy on your body, your fingers will respond to the questions by either a "yes" (strong muscle force) or a "no" (weak muscle force). This procedure requires the doctor's full concentration, and you cannot talk to him/her during the testing.

To confirm the findings, the doctor will ask you to hold *a small bottle of liquid, also called a vial*. The vial contains a liquid of 80% distilled water and 20% chemical solvents, that has been exposed to the electrical frequency for a specific item, also called energetic signature. An energy signature is a stored memory or frequency of a substance without the actual physical material of the item. The items can be allergens as mentioned above, such as toxins from various sources (food, bacteria, virus, radiation), environmental substances, etc.

While holding the selected vials in your hand, the doctor will conduct the *Muscle Response Testing, MRT*. While in a sitting position and with the other arm held straight in the air, the doctor will apply a light pressure on the raised arm. If the testing arm goes weak when resistance is applied, it's an indication that the vial is disturbing your energy system. If the muscle remains strong, the substance does not disturb your energy system.

The doctor is not trying to test how strong you are, but to notice whether there is any change in your strength with the vial or without the vial. In order to keep the testing objective, you will not be aware of which vials are put in your hand.

According to Chinese medicine, *Chi* is the vital force and energy circulating through the body along fourteen meridians. *Meridians* form a network transporting Chi to every part of the body including the head, arms, legs, torso, organs and systems. When an imbalance affects several meridians in your body, disease occurs.

After detecting the substance that disturbs your energy system, the doctor will tap the meridians along your spine with an *ArthroStim Manipulator*. By stimulating these meridians, the disturbances of your energy can be identified and eliminated. The flow of Chi will run more smoothly, and next time your body gets in contact with the substance reflected in the vial, your body will not experience the same violent reaction, as before.

TREATMENT PROCEDURES

AT

CA CLINIC

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治療手冊